

Youth & Teen – Performing Arts, Dance & Music -cont.

ENERGY DANCE CLASSES:

We thrive on having a fun program for your kids while making it easy for you!

Location:

Our Program has grown by leaps and bounds! We are now offering classes at both the Sachs Recreation Center and Jewett Park Community Center for your convenience. You benefit from the wonderful facilities the Park District has to offer; and the registration process is easy! Call ENERGY at 847-581-1031 with any questions. Classes are open to all communities and registration is done through the Deerfield Park District.

Performances:

Throughout the year all classes will have the opportunity to perform at Deerfield Park District events such as half-time of the boys/girls basketball games at the Sachs Recreation Center and possible performances at bigger event such as the Navy Pier Toy and Game Fair etc. The last day of each session is also parent watch week where you can come the last 15 minutes of class to watch the choreography students have learned. We also feature a unique recital at the end of the year. An Energy DJ spins the music and along with fantastic lighting effects, a magical event occurs –and your kids are the stars! In addition to the end of year performances there are many small performances at Deerfield events. All costumes for performances for our regular dance classes are simple clothing items that your child most-likely already owns so there is no extra costume fees for you!

Class Attire

Students should wear comfortable, body forming clothing. No baggy clothes permitted. Dance shoes or gym shoes recommended. Breakdancers should wear sweats or warm up pants, no shorts.

Our Instructors

Our instructors have years of dancing and teaching experience. They are professional dancers who have trained at such prestigious dance schools as Gus Giordano, Lou Conte and Joel Hall. In addition, many are among our top requested performers from our DJ company and also can be found doing the kids dance birthday parties on the weekends.

Class Descriptions

Hip-Hop:

After much demand, our hip-hop program has expanded. All classes focus on choreography and performing skills. Younger classes learn age-appropriate choreography amidst a fun party environment. Older classes focus on strengthening skills. It's a blast for all ages.

Boys Breakdancing:

Have a breakdancer from Energy teach your child fun tricks and stunts. By the end of the year they will be able to do unbelievable foot work and body movement. Give it a try!

Mom and Me Hip Hop:

Easy warm up and stretches are followed by easy dance moves and aerobics to new music. Learn fun group dances such as the car wash, cha-cha slide, hoe-down throw-down etc. Also learn short pieces of choreography that are suitable for both kids and parents alike. This is a great way to bond with your daughter while intermingling with other moms. Not to mention a great workout!

Adult Hip Hop/Dance Aerobics:

Start with a great stretch and warm up and then follow along with the Energy dancers to leads to some of your favorite party songs. Get a great workout and feel like you are at an Energy party!

Fall 2012 Class Schedules Min 6/Max 15

Hip Hop: #152510

LOCATION: SRC

Sec	Gr.	Day	Time	Date (# cl)	Fee
01	1-2	M	4:00-5:00P	9/10-12/3 (10)	\$155
02	3-5	M	5:00-6:00P	9/10-12/3 (10)	\$155
03	6-8	M	5:00-6:00P	9/10-12/3 (10)	\$155
04	4-6	W	4:00-5:00P	9/12-12/5 (10)	\$155
05	1-2	W	5:00-6:00P	9/12-12/5 (10)	\$155
06	K-2	Th	4:00-5:00P	9/13-12/6 (12)	\$185
07	3-5	Th	5:00-6:00P	9/13-12/6 (12)	\$185
08	1-3	F	5:00-6:00P	9/14-12/7 (12)	\$185
09	4-6	Sa	9:00-10:00A	9/15-12/1 (11)	\$170

No Class: Sect. 01-03: 9/17, 10/8, 11/19; Sect. 04-05: 9/26, 10/31, 11/21; Sect. 06-07: 11/22; Sect. 08: 11/23; Sect. 09: 11/24

LOCATION: JPCC

Sec	Gr.	Day	Time	Dates	Fee
10	1-2	Tu	4:00-5:00P	9/11-12/4 (11)	\$170
11	3-5	Tu	5:00-6:00P	9/11-12/4 (11)	\$170
12	3-5	Th	4:00-5:00P	9/13-12/6 (12)	\$185
13	6-8	Th	5:00-6:00P	9/13-12/6 (12)	\$185
14	K-2	Sa	9:00-10:00A	9/15-12/1 (11)	\$170
15	3-5	Sa	10:00-11:00A	9/15-12/1 (11)	\$170

No Class: Sect. 10-11: 10/9, 11/20; Sect. 12-13: 11/22; Sect. 14-16: 11/24

Mom and Me Hip Hop Dance Aerobics - #152510

LOCATION: SRC

Sec	Gr.	Day	Time	Dates	Fee
17	K-3+Mom	Sa	11A-12P	9/15-12/1 (11)	\$185

(+\$40 for each additional child)

No Class: Sect. 17: 11/24

Boys Breakdancing: #152511

LOCATION: JPCC

Sec	Gr.	Day	Time	Dates	Fee
01	K-2	M	4:00-5:00P	9/10-12/3 (10)	\$155
02	3-5	M	5:00-6:00P	9/10-12/3 (10)	\$155
03	K-2	W	4:00-5:00P	9/12-12/5 (10)	\$155
04	4-6	W	5:00-6:00P	9/12-12/5 (10)	\$155

No Class: Sect. 01-02: 9/17, 10/8, 11/19; Sect. 03-04: 9/26, 10/31, 11/21

Adult Hip Hop/Dance Aerobics: #152512

LOCATION: SRC

Sec	Day	Time	Dates	Fee
01	M	6:00-7:00P	9/10-12/3 (10)	\$155

No Class: Sect. 01: 9/17, 10/8, 11/19

LOCATION: JPCC

Sec	Day	Time	Dates	Fee
02	Sa	10:00-11:00A	9/15-12/1 (10)	\$155
03	W	7:00-8:00P	9/12-12/5 (10)	\$155

No Class: Sect. 02: 11/24; Sect. 03: 9/26, 10/31, 11/21

DON'T SEE A DANCE CLASS THAT FITS YOUR SCHEDULE? CALL ENERGY: 847-581-1031

Skills & Hobbies / Variety

Babysitting Clinic - #152503

Boys and girls learn to prepare for the responsibilities of babysitting and child care. We will cover first aid, safety in the home, handling an emergency, the needs of the children, recreation and craft ideas, and infant care. Students who attend all sessions and successfully complete the course will receive a Safe Sitter Certificate. Babysitting is an excellent way to earn some extra money. When parents know you are responsible and have learned how to be a really good sitter, you should be in great demand.

Location: JPCC Min/Max: 6/8

Instructor: Colleen Mazzetta Age: 11-14

Sect.	Date (# cl)	Day	Time	Fee
01	11/3-11/10 (2)	Sa	9:00A-12:00P	\$119/\$149
02	11/3-11/10 (2)	Sa	1:00-4:00P	\$119/\$149
03	12/1-12/8 (2)	Sa	9:00A-12:00P	\$119/\$149
04	12/1-12/8 (2)	Sa	1:00-4:00P	\$119/\$149

